

# MDSA Swim Test Instructions

Check [www.minnewaskaswimmers.org](http://www.minnewaskaswimmers.org) for the current swim test schedule. There are 8 tests from mid-June through late July.

In 2021 tests will be scheduled by appointment only. **All applicants must apply online and will receive an email with scheduling instructions.**

## ***THIS IS AN ALL VOLUNTEER PROCESS—PLEASE BE PATIENT***

Please arrive at the MDSA test site at Moriello on your scheduled date and at your scheduled time which will be between 12:00 and 1:15PM for on site REGISTRATION.

**NOTE:** you will need to pay the pool entrance fee of \$8.00 cash (subject to change), separate from the MDSA membership fee of \$25.00.

**Proceed FIRST to the MDSA GREETER who will sign you in.**

### **You will be asked to submit the following:**

1. **\$25 membership fee**, cash or check made out to MDSA.
2. **Two (2) headshot photos** 1x1¼ inch cut to size clear color or B&W (copies of license photo OK).
3. **Printout of your completed online application** (make sure you **SUBMIT the application online after you print it**).
4. Your signed **NYS Release of Risk form** (a PDF is online to print)
5. **TWO (2) ID Cards** will be given to you on which to print and sign your full name.

Once all documents are in order, you will be assigned a number and clipboard of the same number as indicated on the GREETER's sign-in sheet.

### **Please proceed as follows:**

6. **Proceed to the BANKER, who will collect the \$25 membership fee, NYS Release form, 2 headshot photos, signed ID cards.** (The LAMINATOR who sits near the Banker will assemble your cards to be picked up after you successfully complete the test.)
7. **You will be directed to poolside. Give your clipboard** (which will have your application and a tester checklist) **to a tester** (all testers will be wearing an orange visor).
8. **When your Clipboard Number is called, your test will begin:** no time limit, 20 lengths in the 25-yd pool including 1 length each backstroke, breaststroke, sidestroke, freestyle **plus** 3 minutes treading in the deep end.
9. **The MDSA Volunteer Tester must sign your application that you have passed.**
10. **Once you've passed the swim test, return to the pavilion with your clipboard.**
11. **Turn in your clipboard to the MDSA team leader or volunteer** and you'll receive your MDSA membership card, Welcome Letter, and will be asked to attend a brief information session.

• *Please abide by all MDSA and Park rules* •  
*Enjoy Swimming* • *Please Volunteer* •