

MDSA Swim Test Instructions

Check www.minnewaskaswimmers.org for the current swim test schedule. There are 6 tests from mid-June through late July.

THIS IS AN ALL VOLUNTEER PROCESS—PLEASE BE PATIENT

Please arrive at the MDSA test site at Moriello shortly prior to your assigned test time between 12:00 and 1:15PM for REGISTRATION (latecomers may be turned away). **NOTE:** you will need to pay the pool entrance fee of \$9.00 (cash only; subject to change) separate from the MDSA membership fee of \$25.00.

Proceed to the pavilion on the left to **FIRST** see the MDSA GREETER

You will be asked to submit the following:

1. **\$25 membership fee** (to cover insurance), cash or check made out to MDSA.
2. **Two (2) headshot photos** 1x1¼ inch clear color or B&W (copies of license photo OK).
3. **Printout of your completed online application; make sure you click on APPLY FOR MEMBERSHIP to SUBMIT the application online after you print it.**
4. Your signed **NYS Release of Risk form**.
5. **TWO (2) signed ID Cards** to print and sign your full name; cards will be provided by the MDSA at the test.

Once all documents are in order, you will be assigned a number and clipboard of the same number as indicated on the **GREETER's sign-in sheet**.

Please proceed as follows:

6. **Proceed to the BANKER**, who will collect the \$25 membership fee, NYS Release form, 2 headshot photos, signed ID cards. (The LAMINATOR who sits near the Banker will assemble your cards to be picked up after you successfully complete the test. If you do not pass the test, ask for your payment to be returned to you at the test.)
7. **You will be directed to poolside. Give your clipboard** (which will have your application and a tester checklist) **to a tester** (all testers will be wearing an orange visor).
8. **When your Clipboard Number is called, your test will begin:** no time limit, 20 lengths in the 25-yd pool including 1 length each backstroke, breaststroke, sidestroke, freestyle **plus 3** minutes treading in the deep end.
9. **The MDSA Volunteer Tester must sign your application that you have passed.**
10. **Once you've passed the swim test, return to the pavilion with your clipboard.**
11. **Turn in your clipboard to the MDSA team leader or volunteer** and you'll receive your MDSA membership card, Welcome Letter, and will be asked to attend a brief information session.

IMPORTANT: Should you neglect to bring your completed online forms, blank Application and NYS Release of Risk forms are available at tests; you will need to **PRINT CLEARLY** all required information and sign. However, you **MUST** bring your headshot photos; time permitting, if necessary, you can visit a facility nearby to make 2 copies of your license photo and then return to the test.

• Enjoy Swimming and Please Volunteer •